

# “Anger the Destroyer” Worksheet

Message by Dr. S.M. Davis

1. Anger \_\_\_\_\_.

A. Concerning it's \_\_\_\_\_.

In all 8 cases where “without a cause” occurs, it means ‘ \_\_\_\_\_.’

An angry man creates \_\_\_\_\_ and \_\_\_\_\_ in his wife, in his children or in his workers that may eventually turn into \_\_\_\_\_.

The number one thing spiritually \_\_\_\_\_ children in Bible believing homes and churches is the anger of \_\_\_\_\_ or \_\_\_\_\_ parents.

B. Concerning it's \_\_\_\_\_.

Good parenting is \_\_\_\_\_, \_\_\_\_\_.

Your anger isn't caused by what is happening \_\_\_\_\_ of you; your anger is caused by what is happening \_\_\_\_\_ of you.

2. Anger \_\_\_\_\_.

A. A city without \_\_\_\_\_.

B. An \_\_\_\_\_ load.

C. A \_\_\_\_\_.

D. A poisonous \_\_\_\_\_.

E. A fire-breathing \_\_\_\_\_.

3. Anger \_\_\_\_\_.

A. Comes from \_\_\_\_\_.

Proverbs 21:24 refers to “proud \_\_\_\_\_.”

The only one who really has a right to get angry is \_\_\_\_\_ Himself.

B. Comes from \_\_\_\_\_ from \_\_\_\_\_ sin or \_\_\_\_\_  
guilt.

4. Anger \_\_\_\_\_.

#### How to Defeat Anger:

1. \_\_\_\_\_ justifying your anger.
2. Accept \_\_\_\_\_ responsibility for your anger.
3. Confess any pride by \_\_\_\_\_ yourself before \_\_\_\_\_ and \_\_\_\_\_ and asking for help.
4. Deal with any \_\_\_\_\_ guilt from the past.
5. \_\_\_\_\_ others who do you wrong and leave \_\_\_\_\_ to God.
6. Seek to become \_\_\_\_\_ and \_\_\_\_\_ like Jesus.

The same \_\_\_\_\_ word used in Mark 3:5 is not used for any other human being in the New Testament. But it does occur again in Ephesians 4:31 when we're told, "Let all bitterness, and wrath, and anger... be put away from you." Meekness is \_\_\_\_\_ under control and anger is the \_\_\_\_\_ of the flesh in control.

7. Think of the \_\_\_\_\_ that will be yours when you \_\_\_\_\_ to be an angry man or an angry woman.